

Static & Dynamic Appointment Scheduling with Stochastic Gradient Descent

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Abstract— This paper considers the optimization of static and dynamic appointments for a sequence of customers with random processing times served by a single agent. In the static case, the problem is to find the appointment times for the customers that minimize the expected weighted sum of idle time of the agent, waiting time of the customers, and overtime of the agent. The dynamic formulation is original. It limits cascading delays by using warning times, which are defined relative to the start of a previous job, to tell customers when to arrive for their job. The problem in this formulation is to find the warning times which minimize the aforementioned objective. We outline an algorithmic framework based on infinitesimal perturbation analysis (IPA) and stochastic gradient descent (SGD) that can be used to solve both problems. For the static case, we show that the SGD method converges to a global minimizer with no assumptions on the joint distribution of the processing durations. For the dynamic case, we construct a warning time schedule which provably outperforms the static scheme under certain conditions. We give empirical evidence of the efficacy of both approaches using both synthetic data as well as data collected from a year of elective surgeries at a local hospital. Our results suggest the validity of the dynamic formulation as a more cost-efficient solution than the static formulation to the appointment scheduling problem.

I. INTRODUCTION

In a vast variety of situations, customers make appointments with an agent performing a specific service. The inherent tension in scheduling appointments arises from the following incentives: the agent would like to pack the schedule in order to minimize the time it spends idle, whereas the customer would like to spend as little time as possible waiting for the agent. In the ideal solution for the agent, customers may face significant delays if previous jobs run longer than expected. By contrast, in the ideal solution for the customer, the appointments will be too spaced out and the agent will face large amounts of idle time. Here, we consider the scenario with one agent and n jobs in a pre-specified order and aim to find a reasonable trade-off between these two incentives.

A. Our Contribution

We develop a sample-based stochastic gradient descent (SGD) algorithm that adjusts the appointment times based on sampled task durations. We distinguish two situations:

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- 1) **Static Appointments:** All customer-arrival times are fixed prior to the start of the first jobs and remain fixed throughout the day.
- 2) **Dynamic Appointments:** Customer-arrival times are not fixed before-hand and can vary as the jobs progress.

Our main contribution is the development of an algorithmic framework that can be used as a solution to both of these situations. In the case of static appointments, we show that our algorithm converges to the optimal solution. Our dynamic formulation is original and is an attempt to mitigate the issue of cascading delays that occur when the long processing of a single job delays a series of subsequent jobs. We construct a dynamic appointment schedule which, under certain conditions, provably performs at least as well as the optimal static appointment schedule. We note that in our formulation the constraints of a single agent and jobs of pre-specified order is essential and relaxing these requirements requires non-trivial extension. We believe, however, based on the simplicity of our approach and the empirical evidence we provide that our framework could prove useful in the most general form of this problem.

B. Related Work

The static appointment scheduling problem has been extensively studied for decades. In its most general form, the problem is difficult to analyze. To deal with this, many previous works add constraints in order to add more exploitable structure to the problem. One common way this is done is by restricting the distribution of service times. For example, Pegden and Rosenshine [7] considered the problem of minimizing customer waiting time and overall usage time in a continuous time, exponential service time setting. Wang [10] worked on the same problem with the assumption that service times were from a phase-type distribution e.g., exponential, coxian; with these assumptions, he was able to show that an optimal appointment can be found by solving a set of nonlinear equations. Bosch, Dietz, and Simeoni [9] consider customer waiting time and overtime in the problem formulation and introduced an optimal appointment schedule algorithm with iid Erlang service times. Constraining service times to be discrete was explored by Begen and Queyranne [2]. They proved that if the durations only take on integer values and the objective is L-convex, then the optimal solution can be found in polynomial time. However, constraining the service time distribution to be of a certain type is quite limiting and unrealistic in certain scenarios.

There is still much to explore in these two problem variants. Our work addresses the problem of scheduling jobs in a fixed order; the next step would be to integrate finding the optimal ordering of the jobs into the SGD algorithm. Another open question is whether the dynamic scheme can provably outperform the static scheme for *all* choices of lead times.

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